## **Annandale Terrace ES**

# Fall "Fun Day" Field Day COOPERATIVE GAMES



2<sup>nd</sup> grade 3<sup>rd</sup> grade

> Game Descriptions <



## **PARACHUTE PLAY – Part 1**

Students will participate in various Parachute activities:

\*\* Hold chute with an overhand grip(knuckles up)

**Equipment:** Parachutes, balls(tennis, playground, cage, beach), ropes, beanbags, Parachute CD, boom box

- Popcorn shake small balls on chute
  - Start with 1 ball and keep adding balls
- Snake dance shake ropes on chute
  - Start with 1 rope and keep adding ropes
- Exercises curl-ups, rocking chair, arm circles
- Pulls hold chute at different levels & pull
  - High, medium, low
- Waves shake chute slowly up and down (knees to shoulders)
- Shake the rug shake chute fast up and down (knees to shoulders)
- Elevator move parachute at different levels:
  - Using different body parts: toes, ankles, knees, waist, chest, shoulders
- Sky-high pull pull chute at a high level

## **PARACHUTE PLAY – Part 2**

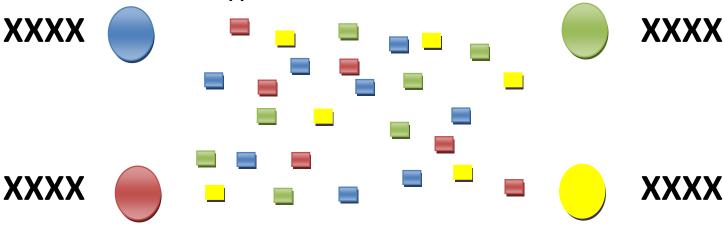
- Merry-go-round move in a circle with chute:
  - Use locomotor skills: skip, gallop, hop 4 & change, jump, etc.
- Mushroom start with the chute at toes; lift up above head; take 3-4 steps in; keep chute above head
- Igloo (same as mushroom) except take 2 steps in; step inside with chute above head; bring behind back & sit on it.
- Ball shake use playground balls and/or beachballs
- Roller ball use playground ball and try and roll it around chute
- Parachute rhythms:
  - Bumping and jumping tape
  - The Twist tape
  - Macarena CD
- Pass the butter pass the chute from person to person (hand to hand)



## **HUNGRY HIPPOS**

#### **Equipment:**

- 1. 4 different colored buckets
- 2. 4 different colored beanbags (8-15 each)
- The activity starts with four colored buckets sitting on the island (on the 4 corners of the play area).
- The food (beanbags) is spread out in the middle. All the food is mixed together.
- You explain that the students are going to feed their hippos (the buckets) with the hippo food (beanbags).
- Their hippos can only eat certain food. (The beanbags that are the same color as their bucket. Exception: yellow beanbags go into the same bucket[yellow].)
- When you say go, students travel in different locomotor skills (as called out by teacher) and collect as much food (beanbags) as possible.
- After a few minutes, stop and have the students count how much food they have collected.
- Ask the students, if they think their hippos are still hungry. Play again.
- To add an extra challenge, switch the buckets around and have students collect a new color.
- \*\* Note: Students are only allowed to pick up <u>one</u> piece of food at a time to take back to their hippo.



## **Evaporation Games**

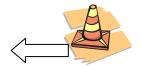
- a. Equipment: hoops(16), Frisbees(8), spots(4)
- b. Divide the group into 3 4 teams.
- c. The object of the game is to collect as many hoops as possible, by throwing your Frisbee into the hoop.
- d. Students only collect hoops that are directly in front of them.
- e. As the students collect the hoops, they put them behind them.
- f. The team, whose hoops evaporate first, wins the game.

XXXXXI	O	0	0	0	
XXXXXI	O	O	O	O	
XXXXXI	0	O	O	O	
XXXXXI	0	O	O	O	

# **Spoon and Egg Relay**

- Students balance a rubber egg on a wooden spoon while moving as quickly as they can down around their cone and back to their squad.
- One hand holds the end of the spoon while the other is behind the student's back
- The first squad to have everyone complete the task and is seated is the winner!





# **Hoop Pass**

- Students will be in small groups (3-5 students).
- In their groups students will form circles by joining hands.
- They then pass a hoop around the circle by stepping/ducking through it while never letting go of each other's hands.







# I Got My Hands Full

- a. <u>Equipment</u>: hoops, trays, spoons, golf balls, deck rings (small), tennis balls, Frisbees, beanbags, juggling balls, tennis ball cans, etc.
- b. Divide group into 3 4 teams.
- c. The first student runs down and picks up one item from their team's pile.
- d. He/She brings it back and gives it to the next person in line.
- e. That person takes the object down and brings one more back with it (2 objects now)
- f. After giving the 2 objects to the third person, the third person runs down and picks up a third object.
- g. This continues until all the objects have been brought back to the line (including the hoop).
- h. If an object is dropped, it must be picked up before returning to the line.









# Stir Fry Chicken

- Equipment: hoops, rubber chickens, rhythm sticks
- •Groups of 4: 2 students hold the hoop; 2 students support the chicken on rhythm sticks over the hoop
- •Goal: Try to work as a group to cross the finish line

