



ANNANDALE TERRACE ES  
PHYSICAL EDUCATION NEWSLETTER



March 2004

“Stars of Excellence in Physical Education!  
Reaching for Excellence Each Day in Every Way!



PE Web Site  
<http://lovepe.tripod.com>

*\* Sportsmanship Week & Day \**

>>> Dare to Play Fair! <<<

**ATES Sportsmanship Week**

**March 1-5, 2004**



In celebration, sportsmanship tips will be read on the morning announcements.

**National Sportsmanship Day**

**Tuesday, March 2nd**



**Why?**

National Sportsmanship Day was conceived to create an awareness of issues related to sportsmanship in athletics and daily life, as well as to stimulate meaningful dialogue among school administrators, coaches, teachers and students.

**Where?**

14th Annual National Sportsmanship Day will be held at our school and at institutions across the country and around the world.

Sportsmanship and good deeds go hand and hand. Sportsmanship is performing acts of good deeds on the playing field, but we can not stop there — we need to practice sportsmanship in every part of our lives.

Not just in sports.

Upcoming Events

- **March 1-5 & 8-11:**

Dance [PE & Music combo]



- **March 2nd:** National Sportsmanship Day!



- **March 5th:** Staff Basketball -

ATES versus Braddock ES at Annandale HS—  
7PM



- **March 12th (Friday):**

*\*Dance Night 2004 \**

—Annandale HS Cafeteria

—6:30-8:30pm



- **March 15—19, 22-24:**

Juggling Skills & Parachute Play

- **April 12-16:**

Track and Field Activities & Skills



**\*\* PE Field Trip\*\***

Week of April 19-23

Annandale HS Track

4th & 5th 1/2 Mile and mile run



**AT Jumpers’  
Performances**

**March**

- >5th (Friday)  
McNair Farms E.S.  
9-12:30
- >12th(Friday)  
Dance Night
- >19th(Friday)  
Great Falls E.S.  
9- 12:30
- >20th(Saturday)  
Kangaroo Kids Festival-  
All Day
- >27th(Saturday)  
USAJRF Region 2 in  
Durham N.C.

**Jump Rope for Heart—UPDATE**

Jump Rope for Heart money  is being processed. Prizes will take 4-6 weeks to be delivered. We’ll keep you posted. Thank you for your support and donations.

**Sportsmanship Poster Contest**



Students who are interested in participating in the ATES poster contest can pick up a contest paper in the special activities folder.

**Certificates of Participation**



Students who participated in February’s National Girls and Women in Sports Day and the ATES Top of the Rope Club will receive certificates of participation in Tuesday’s folder. Also, participants of the National Girls and Women in Sports Day will receive their picture taken and if you sent in a picture those will be returned. Thank you for your participation.

**CHECK THEM OUT!!!**

**CHILDREN FIRST IN SPORTS**



**Children First...**

A healthy sports experience for all youth - this is our goal. Children First in Olmsted County reminds us that sports can be a building block which leads to children growing up healthy, safe, caring, and competent.

Why?

Fun is the primary reason children play sports. Being involved with sports is a unique opportunity for players, coaches, officials, parents, and spectators to enjoy "community" in the real sense of the word.

**A healthy sports experience for youth can promote positive:**

- \* competition
- \* character development
- \* self-esteem
- \* social skills
- \* physical fitness
- \* sportsmanship
- \* cooperation
- \* sense of belonging

**There are few things more exciting than participating in youth sports.**

**As an athlete, you have the opportunity to learn new skills, be a part of a team, make new friends, get lots of exercise and have FUN!**