

**PE YEAR PLAN: 2016-17**

|           | <u>Dates</u>    | <u>4th &amp; 5th</u>                    |  | <u>2nd &amp; 3rd</u>                    |  | <u>K &amp; 1st</u>                        |   |
|-----------|-----------------|---|--|---|--|---|---|
|           |                 | <u>Pacing Guide</u>                     | <u>Sports/Activity Emphasis</u>          | <u>Pacing Guide</u>                     | <u>Sports/Activity Emphasis</u>              | <u>Pacing Guide</u>                       | <u>Sports/Activity Emphasis</u>             |
| September | 6-9 (T-F)       | Expectations & Routines                 | Orientation; PE/PG Rules; Skill Analysis | Expectations & Routines                 | Orientation; PE/PG Rules; Skill Analysis     | Expectations & Routines                   | Orientation; PE/PG Rules; Skill Analysis    |
|           | 12-16           |   |  |   |  |   |   |
|           | 19-23           | Fit. Testing & Cooperative Games        | F.T. & Cooperative Games                 | Fit. Testing & Cooperative Games        | F.T. & Cooperative Games                     | Movement                                  | Act. & Games: Mvt. Ed. & Non-loco. Skills   |
|           | 26-30           | Fit. Testing & Cooperative Games        | F.T. & Cooperative Games                 | Fit. Testing & Cooperative Games        | F.T. & Cooperative Games                     | Movement                                  | Act. & Games: Loco. & Non-loco. Skills      |
| October   | 3-6 (M-R)       | Fit. Testing & Cooperative Games        | F.T. & Cooperative Games                 | Fit. Testing & Cooperative Games        | F.T. & Cooperative Games                     | Movement                                  | Act. & Games: Manipulatives > Beanbags      |
|           | 11-14 (T-F)     | Fit. Testing + Kicking & Dribbling      | F.T. & Soccer                            | Fit. Testing + Kicking & Dribbling      | F.T. & Soccer                                | Movement                                  | Act. & Games: Manipulatives > Hoops & Ropes |
|           | 17-21           | Fit. Testing + Kicking & Dribbling      | F.T. & Soccer                            | Fit. Testing + Kicking & Dribbling      | F.T. & Soccer                                | Movement                                  | Act. & Games: Manipulatives > Balls         |
|           | 24-28           | Fit. Testing + Kicking & Dribbling      | F.T. & Soccer                            | Fit. Testing + Kicking & Dribbling      | F.T. & Soccer                                | Cooperative Games                         | F.T. & Cooperative Games                    |
| November  | 31-4 [QE]       | Kicking & Punting                       | Flag Football act./games                 | Kicking & Punting                       | Flag Football act./games                     | Cooperative Games                         | F.T. & Cooperative Games                    |
|           | 9-11 (W-F)      | Striking w/ Implements                  | Golf                                     | Striking w/ Implements                  | Golf   | Throwing & Catching                       | Ind. & Partner                              |
|           | 14-18           | Striking w/ Implements                  | Golf                                     | Striking w/ Implements                  | Golf   | Throwing & Catching                       | Stations                                    |
|           | 21-23(2E) (M-W) | Striking w/ Implements                  | Golf                                     | Striking w/ Implements                  | Golf   | Throwing & Catching                       | Stations                                    |
| December  | 28-2            | Volleying                               | Volleyball                               | Volleying                               | Volleyball                                   | Volleying                                 | Net Games & Act.: Balls & Balloons          |
|           | 5-9             | Volleying                               | Volleyball                               | Volleying                               | Volleyball                                   | Volleying                                 | Net Games & Act.: Balls & Balloons          |
|           | 12-16           | Volleying                               | Volleyball                               | Volleying                               | Volleyball                                   | Volleying                                 | Net Games & Act.: Balls & Balloons          |
|           | 19-23           | <b>WINTER HOLIDAY</b>                   |  | <b>WINTER HOLIDAY</b>                   |  | <b>WINTER HOLIDAY</b>                     |   |
|           | 26-30, 2        | <b>WINTER HOLIDAY</b>                   |  | <b>WINTER HOLIDAY</b>                   |  | <b>WINTER HOLIDAY</b>                     |   |
| January   | 3-6 (T-F)       | Educational Gymnastics                  | Stunts & Tumbling                        | Educational Gymnastics                  | Stunts & Tumbling                            | Educational Gymnastics                    | Stunts & Tumbling                           |
|           | 9-13            | Educational Gymnastics                  | Stunts & Tumbling                        | Educational Gymnastics                  | Stunts & Tumbling                            | Educational Gymnastics                    | Stunts & Tumbling                           |
|           | 17-19 (T-R)     | Educational Gymnastics                  | Stunts & Tumbling                        | Educational Gymnastics                  | Stunts & Tumbling                            | Educational Gymnastics                    | Stunts & Tumbling                           |
|           | 23-27           | Striking w/ Implements                  | Bowling                                  | Striking w/ Implements                  | Bowling                                      | Striking w/ Implements                    | Bowling                                     |
| February  | 30-3 [QE]       | Striking w/ Implements                  | Bowling                                  | Striking w/ Implements                  | Bowling                                      | Striking w/ Implements                    | Bowling                                     |
|           | 7-10 (T-F)      | Throwing & Catching                     | Frisbee & Other Disc act./games          | Throwing & Catching                     | Frisbee & Other Disc act./games              | Throwing & Catching                       | Throwing act./games                         |
|           | 13-17           | Dance & Rhythmic Activities             | Jump Rope for Heart                      | Dance & Rhythmic Activities             | Jump Rope for Heart                          | Dance & Rhythmic Activities               | Jump Rope for Heart                         |
|           | 21-24 (T=F)     | Dance & Rhythmic Activities             | Dance - PE                               | Dance & Rhythmic Activities             | Dance - PE                                   | Dance & Rhythmic Activities               | Dance - PE                                  |
| March     | 27-3            | Dance & Rhythmic Activities             | Dance - PE & Music Combo                 | Dance & Rhythmic Activities             | Dance - PE & Music Combo                     | Dance & Rhythmic Activities               | Dance - PE & Music Combo                    |
|           | 6-10            | Dance & Rhythmic Activities             | Dance - PE & Music Combo                 | Dance & Rhythmic Activities             | Dance - PE & Music Combo                     | Dance & Rhythmic Activities               | Dance - PE & Music Combo                    |
|           | 10              | <b>Dance Night</b>                      |  | <b>Dance Night</b>                      |  | <b>Dance Night</b>                        |   |
|           | 13-17           | Fitness & T&C + Dribbling w/ hands      | Fit. Testing & Basketball                | Fitness & T&C + Dribbling w/ hands      | Fit. Testing (3rd) & Basketball              | T&C + Dribbling w/ hands                  | Basketball                                  |
| April     | 20-23 (M-R)     | Fitness & Dribbling w/ hands & Shooting | Fit. Testing & Basketball                | Fitness & Dribbling w/ hands & Shooting | Fit. Testing (3rd) & Basketball              | T&C + Dribbling w/ hands                  | Basketball                                  |
|           | 27-31           | Fitness & T&C + Dribbling w/ hands      | Fit. Testing & Basketball                | Fitness & T&C + Dribbling w/ hands      | Fit. Testing (3rd) & Basketball              | T&C + Dribbling w/ hands                  | Basketball                                  |
|           | 3-7 [QE]        | Striking w/ Implements                  | Hockey                                   | Striking w/ Implements                  | Hockey                                       | Throwing & Catching                       | Throwing act./games                         |
|           | 10-14           | <b>SPRING BREAK</b>                     |  | <b>SPRING BREAK</b>                     |  | <b>SPRING BREAK</b>                       |   |
| May       | 18-21 (T-F)     | Throwing & Catching                     | Manipulatives: Juggling                  | Fitness & Throwing & Catching           | Fit. Testing (3rd) & Manipulatives: Juggling | Throwing & Catching                       | Manipulatives: Juggling                     |
|           | 24-28           | Throwing & Catching                     | Manipulatives: Juggling                  | Fitness & Throwing & Catching           | Fit. Testing(3rd) & Manipulatives: Juggling  | Throwing & Catching                       | Manipulatives: Juggling                     |
|           | 1-5             | Educational Gymnastics                  | Gymnastics Stations                      | Educational Gymnastics                  | Gymnastics Stations                          | Educational Gymnastics                    | Gymnastics Stations                         |
|           | 8-12            | Educational Gymnastics                  | Gymnastics Stations                      | Educational Gymnastics                  | Gymnastics Stations                          | Educational Gymnastics                    | Gymnastics Stations                         |
| June      | 15-19           | Fitness & Striking w/ Implements        | Fit. Testing & Tennis                    | Fitness & Striking w/ Implements        | Fit. Testing (3rd) & Tennis                  | Striking w/ Implements                    | Tennis                                      |
|           | 22-26 (2E)      | Fitness & Striking w/ Implements        | Fit. Testing & Tennis                    | Fitness & Striking w/ Implements        | Fit. Testing (3rd) & Tennis                  | Striking w/ Implements                    | Tennis                                      |
|           | 30-2 (T-F)      | Fitness & Striking w/ Implements        | Fit. Testing & Tennis                    | Fitness & Striking w/ Implements        | Fit. Testing (3rd) & Tennis                  | Striking w/ Implements                    | Tennis                                      |
|           | 5-9             | Throwing & Catching                     | Softball                                 | Throwing & Catching                     | Softball                                     | Throwing & Catching                       | Softball                                    |
| June      | 12-16           | Throwing & Catching                     | Softball                                 | Throwing & Catching                     | Softball                                     | Throwing & Catching                       | Softball                                    |
|           | 19-23 (2E)      | Throwing & Catching                     | Softball                                 | Throwing & Catching                     | Softball                                     | Throwing & Catching                       | Softball                                    |
|           | June 21 - TBD   | <b>Last Day of PE</b>                   |  | <b>Last Day of PE</b>                   |  | <b>Last Day of PE</b>                     |   |
|           | June 22 - TBD   | <b>Spring Fun Day (Obstacle Course)</b> |  | <b>Spring Fun Day (Dance Party)</b>     |  | <b>Spring Fun Day (Primary Field Day)</b> |   |
|           | June 23 [LE]    | <b>Last Day of School</b>               |  | <b>Last Day of School</b>               |  | <b>Last Day of School</b>                 |   |